



# **Optimizing LDL-C by Improving Awareness, Access and Achievement**

Learn more about the Corrie Lipids Program

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## Aim of Project<sup>1</sup>

Implement a scalable and evidence-based Corrie Lipids Program (Corrie Health, Inc) to increase low-density lipoprotein cholesterol (LDL-C) awareness, treatment, and achievement of guideline-directed management

Examine real-world implementation of the patientcentered Corrie Lipids Program guided by the implementation science framework, RE-AIM (reach, effectiveness, adoption, implementation, maintenance)

#### Status

ONGOING

Start: Q4 2024 | Anticipated completion: Q1 2026 **Anticipated number of practice settings:** 

3 Integrated Delivery Networks (IDNs)



## The Importance of Patient Activation for Lipid Optimization

- When patients understand their lipid disorder, they are more motivated to actively engage in their care<sup>2</sup>
- Patient understanding of the importance of LDL-C levels and active participation may increase adherence to LLT3,4,5
- Supporting accessible lipid testing and app-based reminders can promote patient activation to manage LDL-C levels<sup>6</sup>

#### Methods for Success<sup>1</sup>



Clinicianfocused **Education** 

Virtual Coaching

Guidelinebased Lipid Testing



Patient-facing app: Embedded clinical decision support with patient education to improve awareness of LDL-C goals along with empowering action to adhere to lipid lowering therapies (LLT)



Clinician-focused education: Educational training session on cholesterol management defined by AHA/ACC/Multi-society Guidelines and ACC Expert Consensus Decision Pathway



Virtual cholesterol management: Activating patients to know their LDL-C levels and engage in shared decision-making about LLT with their clinicians



Guideline-based LDL-C testing: LDL-C is measured at baseline and repeated in 4-12 weeks if LLT is started or intensified

## **Anticipated Outcomes<sup>1</sup>**



**LDL-C** test completion



#### LDL-C attainment at 6 months

- LDL-C <70 or <55 mg/dL for secondary prevention
- LDL-C < 100 mg/dL for primary prevention



**Guideline-directed medical therapy** (GDMT) LLT use



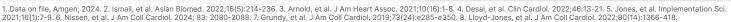
Patient activation\*

\*Patient activation is the process of actively involving patients in their own healthcare including shared decision-making, self-management, and partnering with HCPs

#### Program Eligibility<sup>1</sup>

Identifying and engaging clinicians and their high-risk patients who have an indication for LLT intensification to achieve recommended LDL-C levels

- ASCVD1,7
- CABG
- PCI
- PAD
- CVA
- 1. Known clinical 2. High risk for ASCVD<sup>1,7,8</sup> 3. Statin Intolerance<sup>1</sup>
  - Familial
  - hypercholesterolemia
  - LDL-C ≥190 mg/dL
  - Diabetes mellitus
  - Subclinical ASCVD
  - ASCVD risk ≥7.5%
- Statin-associated side effects











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Leading Awareness To action Through Implementation of Cardiometabolic Efforts



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**Tools and resources:** Find tools and resources that can be adopted or adapted to improve the quality of cardiometabolic patient care



**Connect:** Meet implementation science peers at both virtual and live events for education and sharing sessions



**Submission portal:** We welcome new and novel project proposals on the study of implementation methodologies



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\*LATTICE™ Consortium is a coalition of independent experts with a shared goal to address cardiometabolic patient care through evidence-based tools and methodologies. The coalition is led by its experts, whose collective efforts are responsible for the programs and activities in furtherance of the shared goal. Each LATTICE Consortium expert's efforts are valued and equally considered.

